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CLAIMS

- 1. A method of preventing or delaying the onset of a disease having the characteristics of type 1 diabetes or of ameliorating an early stage thereof in a mammal at risk of developing said disease which to said mammal an effective amount of a hormonally inactive insulin or insulin analogue.
- 10 2. The method of claim 1 wherein the mammal is a human being.
 - 3. The method of claim 1 wherein the *in vitro* activity of the insulin or insulin analogue is less than 7% of the activity of human insulin.
 - 4. The method of claim 1 wherein the insulin analogue is selected from the group comprising:
- 20 desA1 human insulin;
 des(A1-A2) human insulin;
 des(A1-A3) human insulin;
 desA21 human insulin;
 des(B1-B5) human insulin;
- des(B1-B6) human insulin; des(B23-B30) human insulin; des(B24-B30) human insulin; des(B25-B30) human insulin; Gly^{A2} human insulin;
- 30 Ala^{A2} human insulin;
 Nle^{A2} human insulin;
 Thr^{A2} human insulin;
 Pro^{A2} human insulin;
 D-allo Ile^{A2} human insulin;
- Nva^{A3} human insulin;
 Nle^{A3} human insulin;
 Leu^{A3} human insulin;
 Val^{A2}, Ile^{A3} human insulin;

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Abu^{A2}, Abu^{A3} human insulin; Gly^{A2}, Gly^{A3} human insulin; D-Cys^{A6} human insulin; D-Cys^{A6}, D-Cys^{A11} human insulin; Ser^{A6}, Ser^{A11}, des (A8-A10) human insulin D-Cys^{A7} human insulin; D-Cys^{A11} human insulin Leu^{A19} human insulin; Gly^{B6} human insulin; Glu^{B12} human insulin; 10 Asn^{B12} human insulin; Phe^{B12} human insulin; D-Ala^{B12} human insulir Asp^{B25} human insulin. 15

5. The method of claim 4, wherein the insulin analogue is Asp^{B25} human insulin.

6. A pharmaceutical composition for preventing or delaying the onset of a disease having the characteristics of type 1 diabetes or for ameliorating an early stage thereof in a mammal at risk of developing said disease which composition comprises an effective amount of a hormonally inactive insulin or insulin analogue according to any one of the claims 1 and 2 to 5.

7. Use of an insulin or an insulin analogue according to any one of the claims 1 and 2 to 5 for producing a pharmaceutical composition for preventing or delaying the onset of a disease nating the characteristics of type 1 diabetes or for ameliorating an early stage thereof in a mammal at risk of developing said disease.

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